

The Health Effects of Noises

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Introduction

Some of you may be suffering from the loud noises. In fact, I'm one of those people. Every morning, I am woken up by noise because I live near a major road, which leaves me feeling quite irritated. This experience led me to research the topic. I found that everyday noise can cause serious problems, so we must take action to address it.



Health Effects Caused by Noise

• Hearing Loss



• Heart Attack

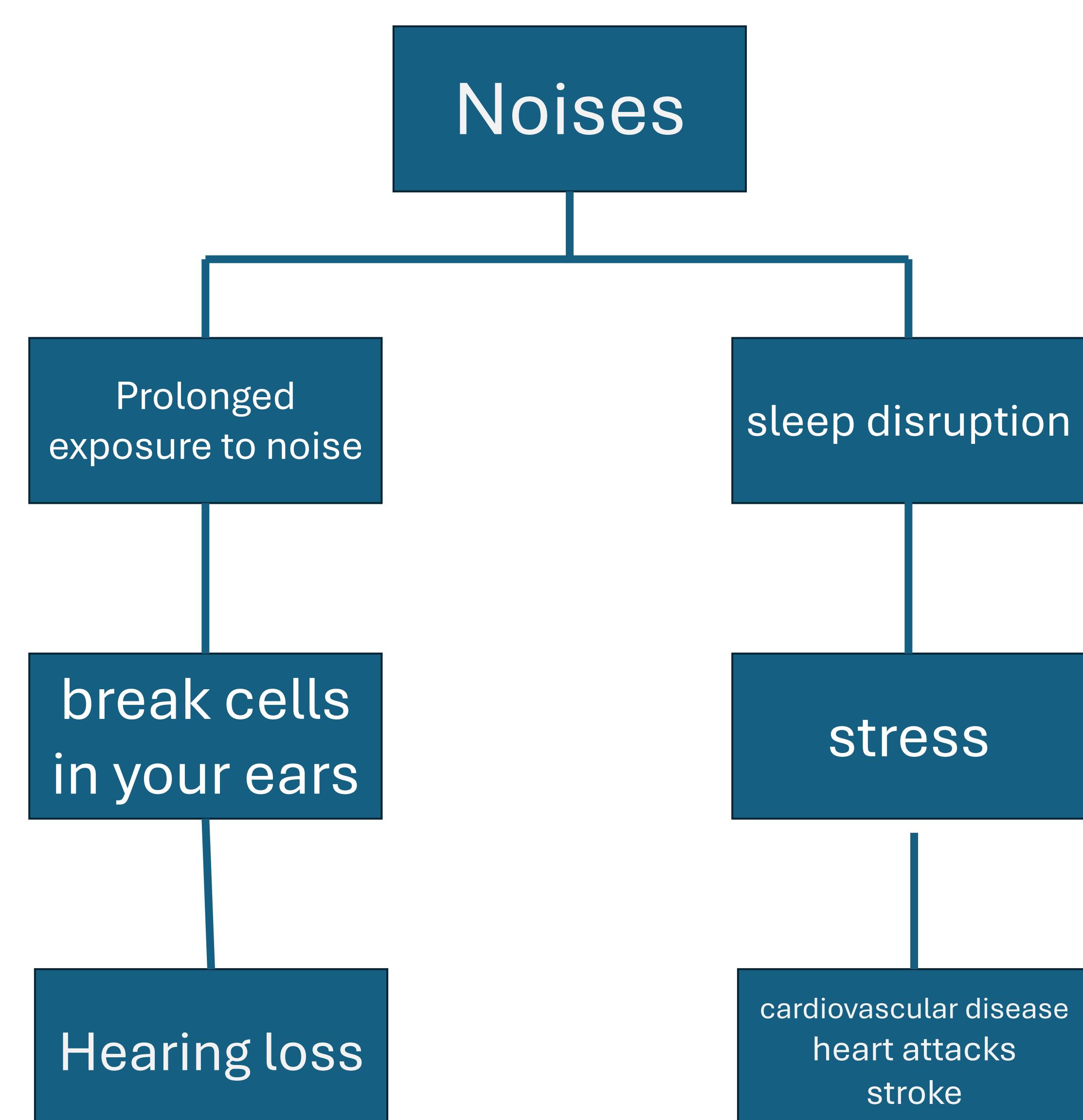


- *Stroke*



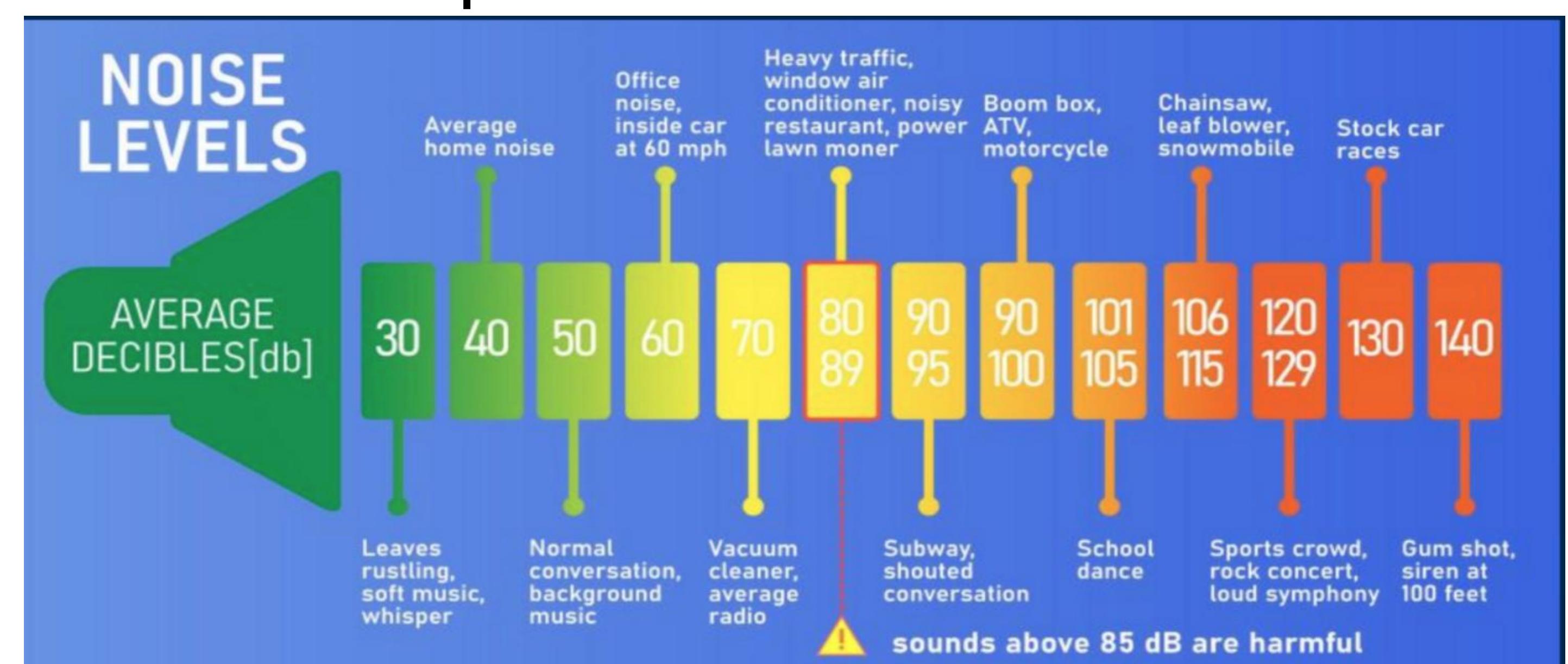
Noise doesn't just hurt your hearing, but it's also tightly linked to cardiovascular diseases such as heart attacks and strokes.

The Reasons Why Noise Causes Health Problems



Noise Level

- Sounds above 80-89 dB are harmful
 - the noise of traffic is about 85 dB
 - The noises in everyday life can cause a serious problem



Conclusion

The noises in everyday life can cause serious problems such as hearing loss, strokes and heart attacks, so we must take action to address it.

Reference

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Contact

